

## Area Agency on Aging Region X Menu Plan

Feb

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2nd</b>	<b>3rd</b>	<b>4th</b>	<b>5th</b>	<b>6th</b>
Haluska w/ Ham & Egg noodles	Taco Salad meat cheese beans	Creamy Potato Soup	German Meatballs w/ Sauerkraut	Chicken Stuffing Casserole
Cabbage/Onion	Lettuce & Tomatoes	Hot Ham & Cheese Sandwich	Mashed Potatoes	Roasted Potatoes
Candied Carrots	Pineapple	Dark Green Leafy Salad	Green Beans w/ onions	Steamed Broccoli
Cake	Tostitos	Warm Spiced Peaches	Baked Apples w/ Cinnamon	Pears
Wheat Roll	Pudding		Wheat Roll	Garlic Bread
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>9th</b>	<b>10th</b>	<b>11th</b>	<b>12th Spanish</b>	<b>13th</b>
Hot Dog w/ chili & cheese	Goulash w/ tomatoes & onion	Polish Sausage On a Bun	Soft Taco's W/ Lettuce Tomatoes	Cook's Choice
Bun	Dark Green Leafy Salad	Sauerkraut	Lettuce Tomatoes Cheese	
Coleslaw	Green Beans	Homemade Potatoes Salad	Beans	
French Fries	Wheat Roll	Brussel Sprouts	Spanish Rice	
Tropical Fruit	Apple Crisp	Jello w/Fruit	Hot spiced Pineapple	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>16th</b>	<b>17th</b>	<b>18th</b>	<b>19th Birthday Dinner!</b>	<b>20th</b>
Hamburger Stew	Meatloaf w/ Ketchup	Italian Chicken /W	Homemade Lasagna	Chicken and Noodles
w/ Carrots, Corn, Green Beans, Peas	Mashed Potatoes w/ Gravy	Roasted Potatoes	Green Beans	Mixed Vegetables
Dark Green Leafy Salad w/ Spinach	Candied Carrots	Italian Blend Vegetables	Dark Green Leafy Salad	Harvard Beets
Wheat Roll	Tropical Fruit	Pears	Garlic Bread	Rosie Applesauce
Warm Spiced Pineapple	Wheat Roll	Garlic Roll	Birthday Cake with Fruit	Wheat Roll
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
<b>23rd</b>	<b>24th</b>	<b>25th</b>	<b>26th</b>	<b>27th</b>
Biscuits and Gravy	Frito Chili Pie	Ham and Beans	Cheeseburger w/ Bun	Cook's Choice
Sausage	Buttered Corn	Roasted Potatoes	Lettuce, Tomato, Onion, Pickle	
Scrambled Eggs	Dark Green Leafy Salad/Spinach	Spinach	Potato Wedges	
Hashbrown	Orange Jello w	Cornbread	Broccoli Salad	
Apple Juice	Mandarin Oranges	Brownie	Apple Salad	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk